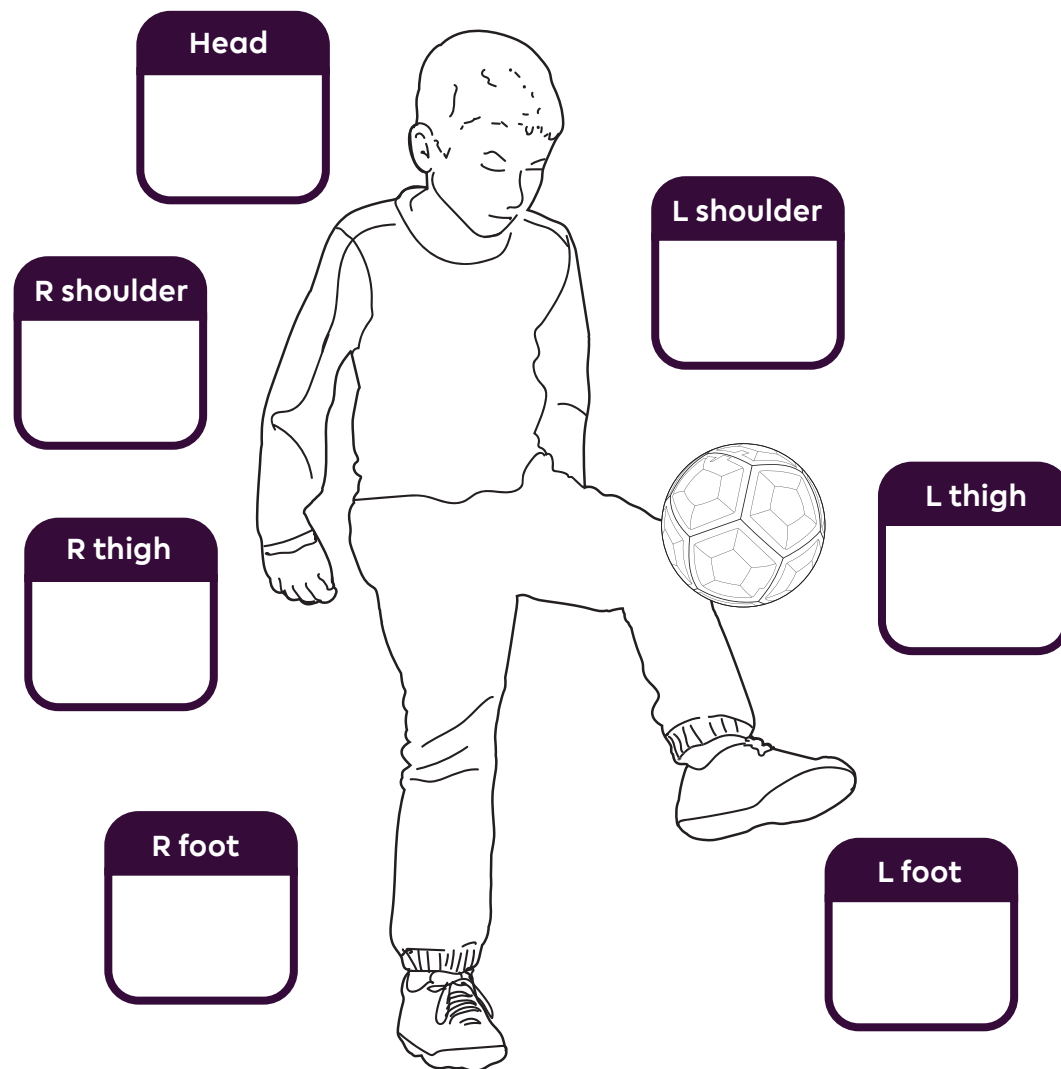


# Premier Skills

Name: \_\_\_\_\_



## Premier Skills FC

Come on everyone Keep-y Up!  
It's time to show us your skills.

Top Tips:

- Remember keep your eye on the ball
- Maintain your balance
- Use a body part that you feel comfortable with and then progress to another

How many times can you use the different parts of your body to keep the ball up?

Write the number in the boxes and the total at the top.

# PremierSkillsFC

# PremierSkills

# WeAreOneTeam